

JUNK MAIL & DO NOT CALL

- www.catalogchoice.org: This free service allows you to choose which catalogs you would no longer like to receive.
- www.optoutprescreen.com: Opt-out of pre-approved credit card and insurance applications. 1-888-567-8688.
- www.41pounds.org: Stop 80-95% of unwanted catalogs and junk mail for 5 years. Pay for \$41 for 5 years of service.
- www.ecocycle.org/junkmail/index.cfm: A listing of a variety of other lists to get off of.
- <https://telemarketing.donotcall.gov>: Register with Do Not Call Registry. 866-231-2255.

SHOES/SPORTS EQUIPMENT IN GOOD CONDITION

- www.soles4souls.com: Soles4Souls facilitates the donations of both new and used shoes worldwide.
- www.nikereuseashoe.com: Accepts donations of all athletic shoes that don't contain metal. Shoes are recycled into running tracks, fields and basketball courts.
- **Re-plays Consignment Shop**: Accepts sports equipment (donate or consign); 955 East St., Walpole Center, 508-668-9990.
- www.playitagainsportsdedham.com: Neighborhood sporting goods store offering new and quality used sports and fitness equipment. 630 Washington St., Dedham, 781-493-6796.

OTHER

- www.1800gotjunk.com: A great alternative to a dumpster! In addition to taking away your unwanted items, 1800gotjunk provides labor to remove the items from your home, and clean up of that space. Service is priced by what is removed. The local franchise recycles or redistributes approximately 90% of what they collect, often donating items to local groups/people in need.
- <http://boston.craigslist.org/bmw/sss/>: Buy, sell or give away a wide range of household goods in your own region for free.
- www.freecycle.org: People giving and getting stuff for free, keeping good stuff out of landfills. Local chapters in Millis and Walpole. Try anything!
- www.throwplace.com: Give away goods to others. All FREE.
- **Swap Area at Medfield Transfer Station**: Open May – October 9am – 3pm. Transfer station permit required. Note that anything remaining at 3pm is put in the trash.

- www.earth911.com: General recycling resource.
- **Used blankets, towels, sheets, animal carriers and crates, pet food, pet beds, etc.:** Bring to the Medfield Animal Shelter. Drop off at front door. 101 Bridge St., Medfield, 508-359-8989.
- **Packing peanuts:** Take for reuse to Postal Center USA, 14 Milliston Rd., Millis, 508 376-1200.
- **Prescription drugs:** Take back to CVS or the pharmacy from which they were purchased. (Don't flush.)
- **Hangers:** Take back to your dry cleaner for reuse/recycling.
- **Dry cleaning bags:** LaSuprema Dry Cleaners will return your clothes in your own labeled dry cleaning bags. 24 Park St., Medfield.
- **Bikes:** www.bikesnotbombs.org donates used bikes directly to communities around the world. Look for the Medfield Bike Drive in early May or contact Susan Lynch, 16 Stuart Street, 508-359-1018 for info or to drop off bikes before the drive.
- **Eyeglasses:** Contact your local Lenscrafters or www.lionsclub.org. Lions drop box at Blue Moon Bakery, Medfield.
- **Used packaging** (such as Capri Sun juice boxes and Clif Bar wrappers): www.terracycle.net pays non-profit groups for collecting used packaging. Wrappers are made into retail products like notebooks and bags. Consider coordinating a wrapper collection!
- **Fluorescent tubes and cfl bulbs:** May not be thrown in the trash and must be disposed of properly. Take to the shed at the Medfield Transfer Station (permit required) or drop them at the Public Works Office in the Medfield Town Hall, at Wills Hardware or purchase a recycling kit from www.thinkgreenfromhome.com
- **Old mercury thermostats, thermometers, & button cell batteries** can be dropped off at the Public Works Department at Medfield Town Hall.
- **Newspapers, magazines, catalogs, mail and other paper (no cardboard):** Paper Retriever recycling bins located at Wheelock School and Church of the Advent, Medfield.

MEDFIELD GREEN DAY—A ONE STOP COLLECTION EVENT

Bring clothing for all ages (including business, prom dresses, old jeans), shoes, baby equipment, household items, books and much more. Also electronics collection and on site shredding (for a small fee). **Typically held in the spring.**
For more information visit www.medfieldgreen.org

2010

REUSE & RECYCLE GUIDE

Use this guide in conjunction
with your existing waste
removal program.

We have compiled a list of
various organizations that will
gladly take your “stuff”.



P.O. Box 196, Medfield, MA 02052
medfieldgreen.org

BOOKS

- **Acquired Books:** A bookstore that believes in recycling used books to reduce consumption and to save trees for a cleaner and brighter world. Adult fiction and non-fiction. 36 Park Street, Medfield.
- **Park Street Books:** Reseller of used books (primarily children's books). 26 Park St., Medfield. 508-242-3083
- **Medfield Public Library:** Accepts donations of items that someone would like to read, listen to or watch. Must be in good condition. No textbooks. Run by Friends of the Library.
- **www.GotBooks.com/cnc.** Community locations and free home pick up of books, videos, cds, dvds. Benefits local and international schools and libraries. Book donation container at Medfield Transfer Station. 978-664-6555.

BUILDING MATERIALS

- **www.bostonbmc.org:** Building Materials Resource Center accepts cabinets, windows, doors, flooring, appliances less than 5 years old, fixtures, lumber, plasterboard (no lead paint). Pick up. Located in Roxbury, 617-442-8917.
- **www.oldhouseparts.com:** Recycle antique house fixtures: Kennebunk, ME, 207-985-1999.

CELL PHONES, PRINTER CARTRIDGES & BATTERIES

- **Cell phones and empty printer cartridges:** Memorial, Wheelock and Dale Street Schools collect them as a fund-raising activity in association with Funding Factory.com.
- **www.wirelessfoundation.org/calltoprotect:** **Call to Protect:** A wireless foundation collects used cell phones for victims of domestic violence. Some phones are recycled and sold to raise money; others are refurbished.
- **Rechargeable batteries:** **www.rbrc.org** Locate a local retailer who will take your rechargeable batteries for free.
- **Button Cell Batteries** may contain mercury and other heavy metals and can be properly recycled by taking them to Town Hall, CVS or Lords Department Store.
- **Order a Dry Cell Battery Recycling Kit** from **www.thinkgreenfromhome.com** to recycle all your batteries (alkalines, rechargeable and button cell).

COMPUTERS, ELECTRONICS & TELEVISIONS

- **Medfield CRT Disposal Day.** Bring unwanted televisions and computer monitors (& used oil). Look for date in April/ May and again in October. Medfield Highway Garage. Sticker Required.
- **www.computertakeback.com.** Get information on which manufacturers have "takeback" programs for their products.
- **www.mass.gov/dep/recycle/reduce/electron.htm:** **Mass. Dept. of Environmental Protection.** Website includes options for recycling all kinds of electronics.
- **www.epa.gov/epawaste/conserve/materials/recycling/donate.htm:** Comprehensive list of recycling resources for electronics.
- **Recycle your unwanted electronics** to a Waste Management eCycling drop-off facility at PRTR Inc. Transfer Station, 791 Boston Post Rd. E. (Rt. 20), Marlboro.
- **Staples** will take will take old equipment for a \$10 fee.

CLOTHING & MISC. HOUSEHOLD DONATIONS

- **www.cradlestocrayons.org:** Accepts new and gently used children's clothing (infant to age 18), books, toys, baby items and school supplies. NO STUFFED ANIMALS. They link communities that have with communities that need. Provides free services and goods to tens of thousands of low-income and homeless children each year. Drop off donations in Medfield at 6 Wild Holly Lane for weekly delivery to Quincy. 82 Myrtle Street, Quincy, 617-471-8417.
- **www.bbbscm.org:** Big Brothers Big Sisters of Central Mass/Metrowest, Inc. picks up clothing, furniture, office supplies, household misc. exercise equipment, etc. 800-483-5503.
- **www.salvationarmy-usaeast.org:** Salvation Army takes charitable furniture in good condition. Drop off in Framingham, or call 617-542-5420.
- **www.svdpboston.com:** Society of St. Vincent de Paul will pick up furniture and household items for resale at its thrift store. Framingham, 800-675-2882.
- **www.rosies.org:** **Rosie's Place:** A Boston sanctuary for poor and homeless women. 617-442-9322.
- **www.dressforsuccess.org:** Caters to the unemployed who complete training and have a job interview but can't afford business clothes. 989 Commonwealth Avenue, Boston, 617-779-2177.

- **Medway Family Shelter** is a 12 family congregate shelter for homeless families. Medway, 508-533-1487. In-season usable clothing and small household items. New personal care items.
- **www.solutionsatwork.org:** Solutions at Work and the Children's Clothing Exchange provides free interview-appropriate clothing for men and women. Cambridge.
- **www.fairygoddmotherprojectofma.org:** Collects donations of new and "gently worn" formal dresses and accessories: shoes, purses, jewelry also new, unopened makeup and nylons for disadvantaged students so they can attend their school formal functions in style.

CONSIGNMENT/RESALE SHOPS

- **Girlfriends' Boutique & Consignment Shop:** A local consignment shop committed to saving the earth's resources by recycling usable clothing and accessories. 14 North Meadows, Medfield, 508-359-2555.
- **Sister Goods:** Top quality & excellent condition classic home furnishings, artwork and unique accessories. 7 Pleasant Street, Millis, 508-376-1918.
- **Bethany House Hope Chest:** Home accessories, linens, glassware. 1136 Main Street, Millis, 508-376-0824
- **Diva on a Dime:** Up-to-date clothing and accessories. Not a thrift store. 1072 Main St., Millis, 508-376-1984.
- **Closet Exchange:** Three women's clothing stores in Needham. **www.closetexchange.com**
- **Commodities Market:** Seasonal furnishings, jewelry. 32 Franklin St. (Rte. 140), Wrentham. 508-384-1448.
- **Jewelry & Gift Store:** They buy gold, diamonds, gold watches, coins and sterling silverware. Dedham 781-326-9400.

HAZARDOUS HOUSEHOLD PRODUCTS

- **Medfield Household Hazardous Waste Day.** Watch for date in April/May. Sticker required. Medfield Highway Garage. At other times, contact Medfield Department of Public Works for options.

PROFESSIONAL ORGANIZER

Wendy Arundel of **www.themudroom.org** provided the foundation of this guide and would be happy to help you sort & redistribute.